

## Non-NSLP Schools Food Access Survey

Assessment of Healthy School Meals for All in Arizona

Conducted by ASU Food Policy and Environment Research Group, College of Health Solutions  
Arizona State University

**QConsent** You are invited to participate in a study sponsored by **XXX** to understand how meals were provided to students during the COVID-19 related school closures. This short online survey will take approximately 5 minutes to complete.

You must be 18 or older to participate in the study and there are no foreseeable risks or discomforts to your participation. Your participation in this study is voluntary and you are free to withdraw from the study at any time. Your responses will be confidential. The results of this study may be used in reports, presentations, or publications, but your name or the name of your school/district will never be used.

At the end of the survey, you will have the option to provide your contact information if you would like to be entered into a drawing to win **X** of **Y \$Z** gift cards.

If you have any questions concerning the research study, please contact the research team at **EMAIL** or **PHONE**. If you have any questions about your rights as a subject/participant in this research, or if you feel you have been placed at risk, you can contact the Chair of the Human Subjects Institutional Review Board, through **IRB CONTACT INFORMATION**.

If you consent to take part in this study, please click "Yes, I consent" below. You will be automatically directed to the survey. If you do not wish to participate in the survey, simply close the survey page.

- Yes, I consent

### BASIC SCHOOL INFO

**Role1 Which job title best describes your role in your school/district?**

Source: ASU Food Policy & Environment Research Group

School principal/vice-principal  
Front office staff  
Social worker or other school support staff  
School food service staff  
Classroom teacher  
District level staff  
Other, please specify

**SchName What is the name of your school or district?**

Source: ASU Food Policy & Environment Research Group

**SchAdd What is the physical address of your school or district office?**

Source: ASU Food Policy & Environment Research Group

**SchType What type of school or district is this?**

Source: ASU Food Policy & Environment Research Group

Public school  
Charter school  
Private/Parochial school  
Other please specify

**Meals\_Prior Prior to the COVID-19 pandemic, how did students in your school or district get their lunch meals?**

Source: ASU Food Policy & Environment Research Group

**Select all that apply**

USDA reimbursable meals (NSLP/SBP)  
Privately run meal service (not reimbursable)  
Students brought lunch from home  
Other, please specify

**PANDEMIC ACTIONS**

**CovidMeals\_YN During COVID-19-related school closures, did your school offer any free on-site meal or food pick-up options for your enrolled students? (If you work at the district level, please think of the majority of schools in your district when responding.)**

Source: ASU Food Policy & Environment Research Group

Yes  
No

**[Display if CovidMeals\_YN is YES]**

**CovidMealsY\_Sub Were the meals or food pick-ups offered during COVID-19 related school closures federally subsidized (i.e., NSLP, SSO, SFSP)? (If you work at the district level, please think of the majority of schools in your district when responding.)**

Source: ASU Food Policy & Environment Research Group

Yes  
No

**[Display only if CovidMealY\_Sub No is selected]**

**CovidMealsY\_Pay How were the meals or food pick-ups offered during COVID-19 related school closures supported? (If you work at the district level, please think of the majority of schools in your district when responding.)**

Source: ASU Food Policy & Environment Research Group

**Select all that apply**

We accepted donations from the community to pay for meals  
We applied for a government-funded grant to pay for meals  
We applied for an industry or privately funded grant to pay for meals  
We worked with a community organization and/or food bank to be a meal delivery site  
Other, please specify

**[Display if CovidMeals\_YN is YES]**

**CovidMealsY\_Type** What types of meals or food pick-ups did your school or district provide to students during the COVID-19 pandemic? (If you work at the district level, please think of the majority of schools in your district when responding.)

Source: ASU Food Policy & Environment Research Group

**Select all that apply**

Breakfast

Lunch

Snack

Supper

Bulk food distributions

Other, please specify \_\_\_\_\_

**CovidMealsY\_Com** How were you informing families about the food distribution programs offered by your school or district?

Source: Share our Strength

**Select all that apply**

- Signage outside of school and in community settings
- Door hanger
- Radio/TV ads
- Newspaper
- Automated calls to families
- Automated emails to families
- Automated text messages to families
- Letters mailed home to families
- Social media pages
- Organization/school websites
- Other (please specify)

**[Display if CovidMeals\_YN is NO]**

**CovidMealsN\_Aware** Were you aware of other schools/districts or organizations in your community that offered free on-site meal or food pick-up options to students during COVID-19 related school closures?

Source: ASU Food Policy & Environment Research Group

Yes

No

**[Display if CovidMealsN\_Aware is Yes]**

**CovidMealsN\_Avail** Do you know if the free on-site meal or food pick-up options offered at other schools or community sites were available to students attending your school during COVID-19 related school closures?

Source: ASU Food Policy & Environment Research Group

Yes

No

I Don't know

**[Display if CovidMealsN\_Avail is YES]**

**CovidMealsN\_Type** To your knowledge, what types of free on-site meal or food pick-up options were available at these sites?

Source: ASU Food Policy & Environment Research Group

**Select all that apply**

Breakfast  
Lunch  
Snack  
Supper  
Bulk food distributions  
Other, please specify  
I don't know

**CovidMealsN\_ComYN** Did your school communicate to students/families about the availability of free on-site meal or food pick-up options available at other schools or community sites during pandemic-related school closures?

Source: ASU Food Policy & Environment Research Group

Yes  
No

**[Display if CovidMealsN\_ComYN is Yes]**

**CovidMealsN\_Com** How were you informing families about these community meal distribution programs?

Source: Share our Strength

**Select all that apply**

- Signage outside of school and in community settings
- Door hanger
- Radio/TV ads
- Newspaper
- Automated calls to families
- Automated emails to families
- Automated text messages to families
- Letters mailed home to families
- Social media pages
- Organization/school websites
- Other, please specify

**[Displayed to all participants]**

**COVIDMeal\_Percep** Do you agree or disagree with the following statements?

Source: Adapted from Cohen et al – Parent, Cohen, et al & Zuercher, et al – FSD

Free meals during COVID-19 related school closures were helpful to ensure food security among students.

Free meals during COVID-19 related school closures provided essential nutrition to students to keep them healthy.

Free meals during COVID-19 related school closures helped reduce the stress parents experienced during the public health emergency.

Free meals during COVID-19 related school closures provided financial assistance to parents during the public health emergency.

Free meal distribution to students during COVID-19 related school closures created extra burden on communities in the midst of supply chain problems.

Free meal distribution to students during COVID-19 related school closures increased exposure to the virus for participating families and meal site employees.

**Open Please provide any additional thoughts, opinions, or experiences you may have about meals provided to students during the COVID-19 related school closures.**

## **DRAWING**

**Drawing\_YN** Thank you for taking the time to complete this survey.

Would like to be entered into the drawing for a chance to win a \$20 gift card?

- Yes
- No

**[Display if Drawing\_YN Yes is selected]**

**Drawing\_EM** Please enter your email address to be entered into the drawing for the gift card. We will only use this email address to contact you if you are selected as a winner of the gift card.

Email:

### Source Citations

Cohen, et al – Parents	<p>Parent survey provided by Healthy School Meals for All work groups. The survey was used to survey parents in Ca and Me with the goal to assess parent perceptions of UFSM and barriers/motivators to completing school meal application forms</p> <p>The original survey can be found at:  <a href="https://www.childnourishlab.org/healthy-school-meals-for-all">https://www.childnourishlab.org/healthy-school-meals-for-all</a></p>
Cohen, et al & Zuercher, et al – FSD	<p>Food service directors survey provided by the Healthy School Meals for All workgroup. The survey was used to document the district foodservice director’s perspectives about the opportunities and challenges presented by FSMFA to inform initial implementation</p> <p>Cohen, J.F., Polacsek, M., Hecht, C.E., Hecht, K., Read, M., Olarte, D.A., Patel, A.I., Schwartz, M.B., Turner, L., Zuercher, M. and Gosliner, W., 2022. Implementation of Universal School Meals during COVID-19 and beyond: Challenges and Benefits for School Meals Programs in Maine. <i>Nutrients</i>, 14(19), p.4031.</p> <p>Zuercher, M.D., Cohen, J.F., Hecht, C.E., Hecht, K., Ritchie, L.D. and Gosliner, W., 2022. Providing school meals to all students free of charge during the COVID-19 pandemic and beyond: Challenges and benefits reported by school foodservice professionals in California. <i>Nutrients</i>, 14(18), p.3855.</p> <p>The original survey can be found at:  <a href="https://www.childnourishlab.org/healthy-school-meals-for-all">https://www.childnourishlab.org/healthy-school-meals-for-all</a></p>
ASU Food Policy & Environment Research Group	Original questions developed by researchers in the ASU Food Policy & Environment Research Group at ASU’s College of Health Solutions
Share our Strength	<a href="http://bestpractices.nokidhungry.org/sites/default/files/national-summer-meals-survey-full-report_0.pdf">http://bestpractices.nokidhungry.org/sites/default/files/national-summer-meals-survey-full-report_0.pdf</a>