

## FFVP RESEARCH SURVEY

Conducted by ASU Food Policy and Environment Research Group, College of Health Solutions  
Arizona State University

ASU Food Preferences Survey  
Please answer all questions as best you can.

### Q1. Are you a...

- Boy
- Girl

### Q2. Please write down your age in years

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*Q 3. Please select the answer that best describes how much you disagree or agree with each sentence below. There are no right answers, just your opinion.*

### What do you think will happen if you eat fruits and vegetables every day?

	I disagree very much	I disagree a little	I am not sure	I agree a little	I agree very much
I will become stronger.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My friends will start eating them too.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will have stronger eyes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will have a nicer smile.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will be healthier.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will think better in class.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will have more energy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My family will be proud of me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Q 4. For dinner at home I think I can...**

	I disagree very much	I disagree a little	I am not sure	I agree a little	I agree very much
Eat carrots or celery sticks instead of chips	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eat my favorite fruit instead of my usual desert	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Q 5. For a snack I think I can choose...**

	I disagree very much	I disagree a little	I am not sure	I agree a little	I agree very much
My favorite fruit instead of my favorite cookie	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My favorite fruit instead of my favorite candy bar	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My favorite raw vegetable with dip instead of my favorite cookie	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My favorite raw vegetable with dip instead of my favorite candy bar	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My favorite raw vegetable with dip instead of chips	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Q6. How much do you enjoy eating these foods?**

	I like this a lot	I like this a little	I do not like this	I do not know what this is
Candy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Carrots	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Banana	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chips	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Broccoli	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Apples	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breakfast Cereal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Celery	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Oranges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cookies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Green Beans	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Strawberries	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cake	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Peas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Grapes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ice Cream	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cucumber	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Watermelon	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Q7. How sure are you that you can ask someone in your family to pack vegetables you like a lot as snack for school?**

- Not Sure
- I Think So
- Very Sure

**Q8. How sure are you that you can ask someone in your family to pack the fruits you like a lot as snack for school?**

- Not Sure
- I Think So
- Very Sure

**Q9. How sure are you that you can ask someone in your family that the vegetables you like a lot be made for dinner?**

- Not Sure
- I Think So
- Very Sure

**Q10. How sure are you that you can ask someone in your family that the fruits you like a lot be made for dinner?**

- Not Sure
- I Think So
- Very Sure

**Q11. How sure are you that you can ask someone in your family to put the vegetables you like a lot in a place you can reach on your own?**

- Not Sure
- I Think So
- Very Sure

**Q.12 How sure are you that you can ask someone in your family to put the fruits you like a lot in a place you can reach on your own?**

- Not Sure
- I Think So
- Very Sure

**Q13 How sure are you that you can ask someone in your family to buy your favorite fruit or vegetable?**

- Not Sure
- I Think So
- Very Sure

**Q14. I think that I can...**

	I disagree very much	I disagree a little	I am not sure	I agree a little	I agree very much
Write my favorite fruit or vegetable on the family's grocery shopping list	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Go shopping with my family for my favorite fruit or vegetable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pick out my favorite fruit or vegetable at the store and put it in the shopping basket	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Q15. How often do you go grocery shopping with your family?**

- I never go with them
- I go with them sometimes
- I always go with them

**Q16. The last time I went shopping with my family I asked for...**

*(select all that apply)*

- Carrots
- Banana
- Chips
- Broccoli
- Oranges
- Cookies
- Celery
- Apples
- Candy

Q17. Yesterday, did you eat any vegetables? Include all cooked and uncooked vegetables; salads; and boiled, baked and mashed potatoes. *Do not count* French fries or chips.

- No, I didn't eat any vegetables yesterday.
- Yes, I ate vegetables 1 time yesterday.
- Yes, I ate vegetables 2 times yesterday.
- Yes, I ate vegetables 3 times yesterday.
- Yes, I ate vegetables 4 times yesterday.
- Yes, I ate vegetables 5 or more times yesterday.

18. Yesterday, did you eat fruit? Include fresh, frozen or canned. *Do not count* fruit juice.

- No, I didn't eat any fruit yesterday.
- Yes, I ate fruit 1 time yesterday.
- Yes, I ate fruit 2 times yesterday.
- Yes, I ate fruit 3 times yesterday.
- Yes, I ate fruit 4 times yesterday.
- Yes, I ate fruit 5 or more times yesterday.

Thank you for your help!